

Join us

**SPRING 2024
Events**

3v3 Basketball

La Forge Hall Gymnasium Tuesdays @ 5 pm in February

Softball Showdown

(Students VS Faculty Staff) March 6 @ 11:30-1:30

Softball Tournament

Team Sign-up SWTJC Fitness Center Begins in March

Iron Cowboy Challenge

Team Event Relay Fun (Rowing, Run/walk, Swim, Push-ups) April 13, 2024 SWTJC Memorial Swimming Pool

Float the Frio Hike

Garner State Park May 1, 2024

For information visit the [SWTJC Fitness Center](#)

- 3v3 Basketball : every Tuesday starting February 13 – March 5 @ 5pm La Forge Hall Gymnasium Fitness Center
- Student VS Faculty/Staff Softball Showdown March 6, 2024 11:30-1:30 SWTJC Softball Fields
- Softball Tournament: Begins March 19, 2024 h Team signup at La Forge Hall Gymnasium Fitness Center.
- Iron Cowboy Challenge Team Event – April 13, 2023 @ 8:30 am SWTJC Swimming Pool – Team Signups @ Fitness Center
- Float the Frio Trip: May 1, 2024 8 am – 3pm (depart from SWTJC Fitness Center). Food and transportation provided -

Online Signup
Scan QR CODE

